

Orthopedic Medicine Tip Sheet for ICD-10

Diagnosis Documentation Requirements

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| A-Fib/A-Flutter | Differentiate between: - Atrial fibrillation - Atrial flutter | Specify Atrial Fibrillation as: - Paroxymal - Persistent - Chronic | Specify Atrial Flutter as: - Typical A-flutter or Type I - Atypical A-flutter or Type 2 |
| Back Pain | Differentiate between panniculitis and radiculopathy Document the underlying cause: - Herniated disc - Radiculopathy - Fracture | Specify site of panniculitis or radiculopathy: - Thoracolumbar - Lumbar - Lumbosacral - Sacral and sacrococcygeal | Specify site of panniculitis or radiculopathy: - Occipito-atlanto-axial - Cervical - Cervicothoracic - Thoracic - Multiple sites |
| Blood Loss Anemia | Document, when appropriate: - Anemia due to acute blood loss - Anemia due to chronic blood loss | If acute blood loss anemia is due to blood loss during surgery: - Documentation of postoperative anemia is not enough - Document instead postoperative anemia <i>due to acute blood loss</i> | When it is your clinical judgment that the surgery resulted in an expected amount of blood loss, no diagnosis of acute blood loss is needed |
| Cartilage Tear | Document laterality: - Right - Left - Bilateral | Document: - Incomplete - Complete tear | Document if traumatic |
| Complications of Surgery | Document timeframe of when complication occurred: - Intraoperatively or - Postoperatively | | |
| Congestive Heart Failure (CHF) | Document acuity: - Acute - Chronic - Acute on chronic Specify if rheumatic heart failure | Document type: - Systolic (include ejection fraction) - Diastolic - Combined | List any casual relationships: - Hypertension - Chronic kidney disease - Obstetric surgery/procedures - Surgery |
| Degenerative Disc Disease | Document: - Myelopathy - Radiculopathy | Document region: - Thoracic - Thoracolumbar - Lumbar - Lumbosacral | |
| Disorder of Bone & Cartilage | Document: - Algoneurodystrophy - Physeal arrest - Disorder of bone growth and development - Hypertrophy - Hypertrophic osteoarthropathy - Osteolysis - Osteopathy after poliomyelitis - Major osseours defect | Document the name of the bone Document the anatomical spot of the chondromalacia | Document: - Chondrocosta junction syndrome - Relapsing polychondritis - Chondromalacia |
| Drug Underdosing | Document type: - Intentional versus - Unintentional | Document reason for underdosing, such as: - Financial hardship or - Age related dementia | |

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| Fracture (Traumatic) | Document type: - Displaced or nondisplaced - Open or closed Specify type: - Greenstick - Transverse - Oblique - Spiral - Comminuted - Segmental - Avulsed - Monteggia's - Galeazzi's, - Salter-Harris type | Document Gustilo open fracture classification type: - I - II - IIIA - IIIB - IIIC Document laterality: - Right - Left - Bilateral Document specific bone and specific site of bone | Specify: - Initial encounter - Subsequent encounter - Sequela encounter Specify: - Delayed healing - Routine healing - Nonunion - Malunion |
| Gout | Document: - Acute versus - Chronic - When acute or chronic is not specified, acute gout will be coded | Document type: - Idiopathic - Lead induced - Drug induced - Due to renal impairment - Other secondary | Note: Documentation of the presence of tophi has no bearing on code assignment |
| Injuries | Document cause: - Motor vehicle accident - Fall down stairs, etc. Document activity: - Getting out of bed - Skateboarding, etc. | Document intention: - Accident - Assault - Self-inflicted - Undetermined | Document location: - Kitchen of residential home - Public park - Apartment bathroom, etc. Document work status at time of injury: - Military - Civilian - Hobby, recreational, etc. |
| Intervertebral Disc Disorders | Document site: - Cervical - Thoracic - Lumbar - Sacral | Document any associated: - Myelopathy - Radiculopathy or - Sciatica | |
| Joint Pain | Document the site: - Ankle - Knee - Hip - Elbow - Shoulder - Wrist | Document laterality - Right - Left - Bilateral | Indicate the presence or absence of hip dysplasia |
| Knee Cartilage Tear | Document type of tear: - Bucket-handle - Peripheral - Complex - Other | Document laterality: - Right - Left - Bilateral | Document visit as: - Initial - Subsequent - Sequela |
| Limb pain | Document specific site: - Shoulder - Upper arm - Forearm - Hand - Finger - Thigh - Lower leg - Toes | Document laterality: - Right - Left - Bilateral | |
| Malnutrition | Document type, such as: - Protein calorie - Protein energy | Document severity: - Mild or 1 st degree - Moderate or 2 nd degree - Severe or 3 rd degree | Document BMI |
| Neoplasms | Document specific site Document laterality: - Right - Left - Bilateral | Detail when a patient has presented for a specific treatment related to the neoplasm (e.g., surgical removal, chemotherapy, immunotherapy, radiation therapy) | Document morphology: - Malignant - Benign - In situ - Uncertain behavior - Unspecified behavior |

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| Osteoarthritis (DJD) | Identify the joint affected: (e.g., knee, hip, first carpometacarpal, etc.) | Specify type: - Polyosteoarthritis primary - Secondary - Post-traumatic | |
| Obesity | Document etiology: - Due to excess calories or nutritional - Due to drugs - Other, for example, due to thyroid or pituitary disorder | If morbidly obese , also document if with alveolar hypoventilation | Document BMI |
| Pathological Fracture | Specify whether etiology is: - Age related or disuse osteopenia - Neoplastic or - Some other disease | | |
| Respiratory Insufficiency/ Respiratory Distress | Insufficiency and distress are symptomatic of an underlying condition | Be clear on your diagnosis. Is your intended diagnosis: - Acute - Chronic or - Acute on chronic respiratory failure | |
| Respiratory Failure | Document acuity: - Acute - Chronic - Acute and chronic | Document: - With hypoxia and/or hypercapnea Document any tobacco use, abuse, dependence or exposure | Differentiate between: - Respiratory Distress Syndrome - Respiratory Arrest - Post procedural Respiratory Failure |
| Sprain (Subluxation and/or Dislocation of Joints and/or Ligaments) | Differentiate a sprain from a strain, and a subluxation from a dislocation Document: - Initial encounter - Subsequent encounter - Sequela | Specify joint and/or ligament (e.g. coracohumeral, rotator cuff capsule, superior glenoid labrum, acromioclavicular joint, sternoclavicular joint) | Document laterality: - Right - Left - Bilateral |
| Strain (Injury of Muscle, Fascia and/or Tendon) | Differentiate a sprain from a strain Document: - Initial encounter - Subsequent encounter - Sequela | Specify site (e.g. muscle/tendon of rotator cuff, muscle/fascia and tendon of long head of biceps, muscle/fascia/tendon of triceps) | Document laterality: - Right - Left - Bilateral |
| Tobacco Use Disorder | Document type: - Cigarettes - Chewing tobacco - Other Delineate between: - Tobacco use/abuse - Tobacco dependence | Document state of dependence: - In remission - With withdrawal - Without withdrawal | Document if used during pregnancy, childbirth, puerperium Describe history, including product and time |
| Procedures | Documentation Requirements | | |
| Bone Graft | Document if replacement or supplement Document bodysystem: - Head and facial bones - Lower bones - Upper bones - Lower extremity - Lower trunk - Upper extremity - Upper trunk | Document site: - Ethmoid bone - Lacrimal bone - Femur - Fibula - Coccyx Document laterality: - Right - Left | Document approach: - Open - Percutaneous - Percutaneous endoscopic |

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| <p>Diskectomy</p> | <p>Document site:</p> <ul style="list-style-type: none"> - Cervical - Cervicothoracic - Thoracic - Thoracolumbar - Lumbar vertebral - Lumbosacral | <p>Document if done by excision(partial body part) or resection(complete body part)</p> | <p>Document approach:</p> <ul style="list-style-type: none"> - Open - Percutaneous - Percutaneous endoscopic |
| <p>Fusion/Refusion of Vertebrae</p> | <p>Document site of fusion:</p> <ul style="list-style-type: none"> - Occipital-cervical - Cervical - Cervicothoracic - Lumbar - Lumbosacral - Thoracic - Thoracolumbar | <p>Document any fusion graft or device used:</p> <ul style="list-style-type: none"> - No device - Interbody fusion device - Autologous and nonautologous tissue mixed - Autologous tissue - Nonautologous tissue - Synthetic substitute | <p>Document:</p> <ul style="list-style-type: none"> - 1 joint - 2 or more joints <p>Document approach:</p> <ul style="list-style-type: none"> - Open - Percutaneous - Percutaneous endoscopic <p>Document for each joint:</p> <ul style="list-style-type: none"> - Anterior approach, anterior column - Posterior approach, anterior column - Posterior approach, posterior column |
| <p>Reduction of Fracture</p> | <p>Document site of reduction:</p> <ul style="list-style-type: none"> - Head and facial - Lower extremity - Lower trunk - Upper extremity - Upper trunk <p>Document:</p> <ul style="list-style-type: none"> - Closed reduction - Open reduction | <p>Document approach:</p> <ul style="list-style-type: none"> - External - Open - Percutaneous | <p>Document laterality:</p> <ul style="list-style-type: none"> - Right - Left - Bilateral <p>Document:</p> <ul style="list-style-type: none"> - With internal fixation device - Without internal fixation device |
| <p>Replacement of Joint</p> | <p>Document site:</p> <ul style="list-style-type: none"> - Ankle - Hip total OR partial - Knee total OR partial - Shoulder | <p>Document laterality:</p> <ul style="list-style-type: none"> - Right - Left - Bilateral | <p>Device used in joint:</p> <ul style="list-style-type: none"> - Synthetic substitute - Synthetic substitute, ceramic - Synthetic substitute, ceramic on polyethylene - Synthetic substitute, metal - synthetic substitute, metal on polyethylene |