

Diagnosis of CPP of Bladder Origin (IC)

Pelvic Pain & Urgency / Frequency Patient Symptom Scale

**Name:**   **Date:**

***Circle the answer that best describes how you feel for each question.***

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | 0 | 1 | 2 | 3 | 4 | Symptom Score | Bother Score |
| **1.** How many times do you  void during waking hours? | 3-6 | 7-10 | 11-14 | 15-19 | 20+ |  |  |
| **2**. *a.* How many time do you  void at night? | 0 | 1 | 2 | 3 | 4+ |  |
| *b.* If you get up at night to  void, to what extent does  it usually bother you? | None | Mild | Moderate | Severe |  | |  |
| **3.** Are you currently sexually  active?  *Yes \_\_\_ No\_\_\_\_* |
| **4.** *a.* If you are sexually active,  do you now have or have  you ever had pain or  urgency to urinate during  or after sexual  intercourse? | Never | Occasionally | Usually | Always |  |  |  |
| *b.* Has pain or urgency ever  made you avoid sexual  Intercourse | Never | Occasionally | Usually | Always |  |  |
| **5.** Do you have pain  associated with your bladder  or in you pelvis, vagina,  lower abdomen, urethra  perineum, testes, or  scrotum? | Never | Occasionally | Usually | Always |  |  |
| **6.** Do you still have urgency  shortly after urinating? | Never | Occasionally | Usually | Always |  |
| **7.** *a.* When you have pain is it  usually --? | | Mild | Moderate | Severe |  |
| *b.* How often does you pain  bother you? | Never | Occasionally | Usually | Always |  |  |
| **8.** *a*. When you have urgency  is it usually--? | | Mild | Moderate | Severe |  |  |
| *b.* How often does your  urgency bother you? | Never | Occasionally | Usually | Always |  |  |

|  |  |  |
| --- | --- | --- |
| SYMPTOM SCORE (1, 2a, 4a, 5, 6, 7a, 8a) |  |  |
| BOTHER SCORE (2b, 4b, 7b, 8b) | |  |
| TOTAL SCORE ( Symptom Score + Bother Score) = |  |  |